

African Adinkra Quilt  
Quilt designed and sewn by Debby Kratovil; quilted by Connie Gallant  
Block Size: 10"  
Block Count: 12 appliqué, 13 pieced  
Quilt Size: 60" x 60"

There are 12 simple appliqué shapes that appeal to both those who love hand and those who love machine appliqué. The alternating pieced block is simple to sew and provides a place for fussy cutting a motif, if desired. It makes a fabulous wall quilt as well as a perfect size for a lap quilt. Each of the 12 Adinkra symbols in this quilt has a special meaning in the Ghanaian culture and it is included with each pattern.

Fabric Requirements (Note - I have a variety of prints in both blue and rust; feel free to combine these into one fabric for each color if you wish to simplify. Or go totally scrappy!)

- 1/2 yd Blue with animal motifs (fabric requirements are generous to accommodate fussy cutting the motifs in center of blocks)
- 1/2 yd Rust (see note above)
- \*\*\*\* If you are NOT fussy cutting motifs, then amounts for the Blue and Rust are reduced to 1/4 yard for the Rust and 1/3 yard for the Blue.
- 3/4 yd Blue for pieced blocks (outer triangles)
- 1/2 yd Rust for pieced blocks (outer triangles)
- 1/2 yd Blue (appliqué patches)
- 1/2 yd Rust (appliqué patches)
- 3/4 yd Light/Medium Blue background for appliqué blocks
- 3/4 yd Cream/Light Background fabric for appliqué blocks
- 1/3 Rust (inner border)
- 1-1/4 yd Blue (outer border)
- 5/8 yd Blue (binding)
- 4 yds backing
- 2 yds paper backed fusible webbing
- Template material (heavy cardboard or freezer paper)
- 68" square batting
- Thread to match the Blue and Rust fabrics if you are using machine applique

### **Cutting**

**From the Ivory/Cream Background fabric, cut the following:**

- Six squares 10-1/2" x 10-1/2" (for appliqué blocks)
- Thirteen squares 6-1/4" x 6-1/4" (for pieced blocks, **Patch B**)

**From the brown print with motifs (see note above), cut the following:**

- Five squares 5-1/2" x 5-1/2" for **Patch A**

**From the blue print with motifs (see note above), cut the following:**

- Eight squares 5-1/2" x 5-1/2" for for **Patch A**

**From the Light/Medium blue, cut the following:**

- Six squares 10-1/2" x 10-1/2" (for block backgrounds)

**From the Rust, cut the following:**

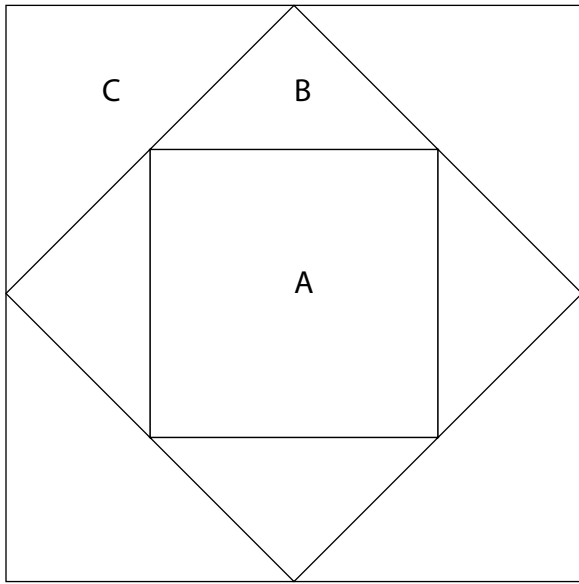
- Ten squares 5-7/8" x 5-7/8". Re-cut each into two triangles each for **Patch C** (enough for 5 blocks)

**From the Blue, cut the following:**

- Sixteen squares 5-7/8" x 5-7/8". Re-cut each into two triangles each for **Patch C** (enough for 8 blocks)

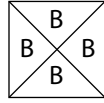
**Cutting Appliqué Patches**

- Transfer full size templates to template material and use to cut out desired motifs from your selected fabric

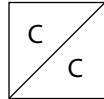


Patch A - Fussy cut 5-1/2" x 5-1/2"  
5 squares Rust, 8 squares Blue

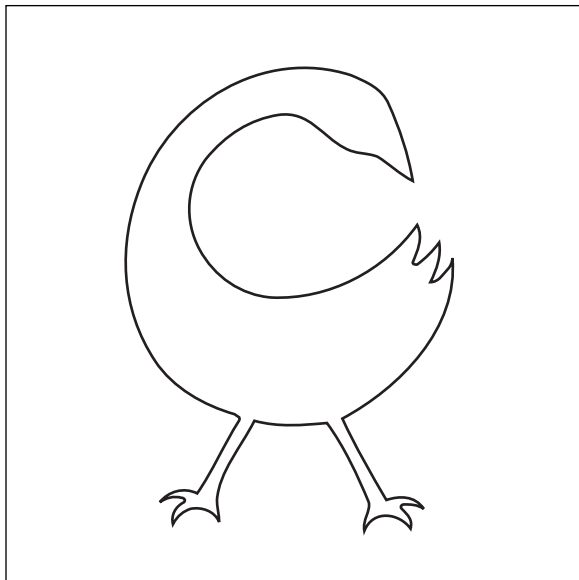
Patch B - Cut 6-1/4" square into 4 triangles as shown from Cream/Light. Cut a total of 13 squares, 6-1/4" x 6-1/4".



Patch C - Cut 5-7/8" square into 2 triangles as shown. Cut 10 squares Rust, 16 squares Blue



Make 13 blocks - 5 Rust, 8 Blue  
Block Size: 10" Finished



Background Squares are cut 10-1/2" x 10-1/2"

Cut 6 squares from Blue  
Cut 6 squares from Cream/Light

There are 12 DIFFERENT appliqué patches  
Make templates for each and cut out a square of fusible web larger than the patch size. Fuse it to the wrong side of the fabric; allow to cool. Use template and cut out the 12 appliqué patches from the two fabrics (6 Rust, 6 Blue)  
For needle turn appliqué, add seam allowance before cutting out and eliminate the fusible webbing.

Make 12 blocks - 6 Rust, 6 Blue  
Block Size: 10" Finished